FOLLOW
Asia Pacific News
May 2026 | Pages 12
On Facebook

Japan's Defense Policy Pivot Raises Global Questions

A pragmatic move shaped by regional tensions and defense realities

Japan's decision to ease its long-standing ban on arms exports marks a major shift from its post-war pacifist identity. Driven by rising tensions in Asia and uncertainty over global security, Tokyo is moving toward a more assertive role—both militarily and economically.

Supporters see this as pragmatic. Expanding arms exports can strengthen Japan's defense industry, boost innovation, and help allies at a time of growing global demand for military equipment. In a less stable world, Japan wants to be a contributor, not just a bystander.

But the move raises serious concerns. Japan's pacifism has long been a core national value, and exporting lethal weapons risks blurring that line. Critics fear economic incentives could outweigh ethical limits, while regional rivals may view the shift as a step toward remilitarization.

Japan isn't abandoning pacifism—but it is redefining it. The real test will be whether it can balance security needs with the principles that shaped its global reputation.

ICC Shuts Down Duterte's Bid to Escape Trial

Philippines faces fresh global attention over controversial anti-drug crackdown

The rejection of Rodrigo Duterte's appeal by the International Criminal Court is a pivotal moment for global justice. It reinforces a key principle: leaders cannot escape accountability simply by withdrawing from international agreements.

At the center of the case are allegations tied to Duterte's "war on drugs," which drew global criticism for thousands of suspected extrajudicial killings. By allowing the case to move forward, the court signals that power and position do not guarantee immunity.

The ruling also carries broader implications. It challenges long-standing criticism that the ICC targets only certain regions, and instead shows a willingness to pursue cases beyond its usual focus.

Still, the decision revives an ongoing debate—where should the line be drawn between national sovereignty and international law? Supporters see the ICC as a necessary safeguard; critics view it as overreach.

In the end, this is more than a legal step—it is a test of whether international justice can truly hold the powerful to account.

Sydney must upgrade its sewage systems. It should not be just for cleaner beaches. It should be for public safety, ecological balance and long-term resilience.

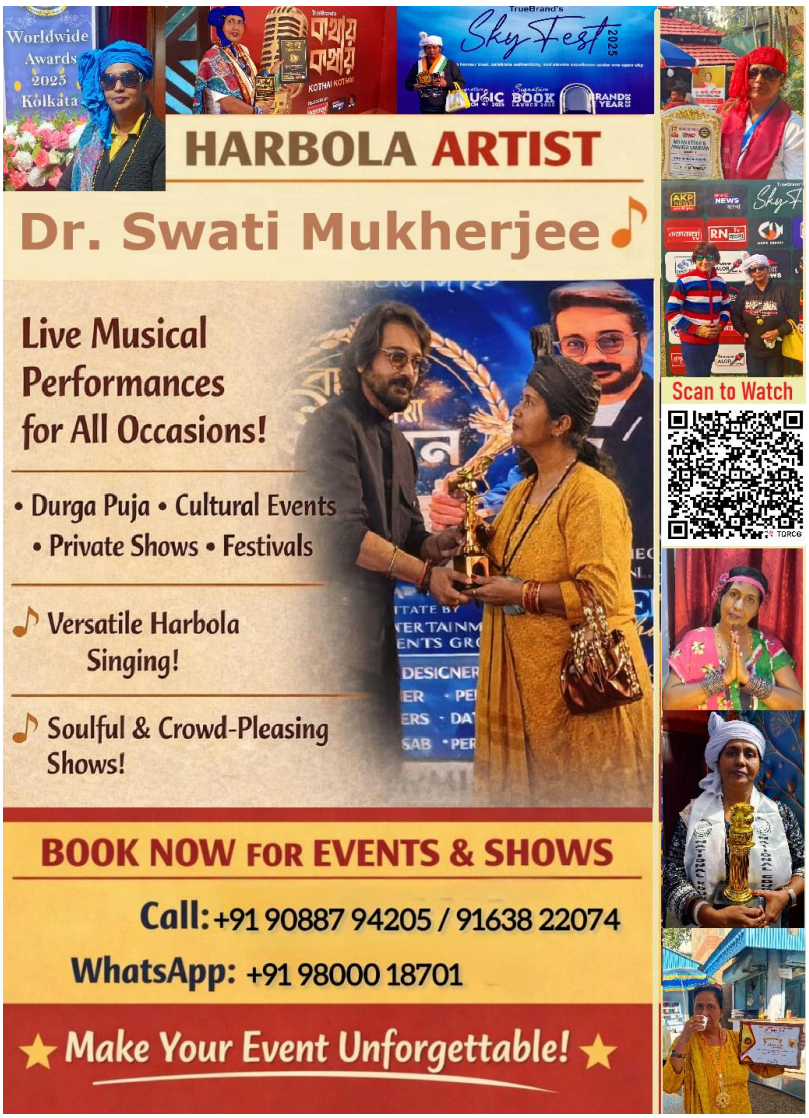
Australia's new policy puts financial pressure on seniors while testing limits of fairness

The decision by the Australian government to cut higher private health insurance rebates for over-65s may be framed as fairness—but it risks doing more harm than good. By standardizing subsidies, officials argue younger Australians were previously disadvantaged. But this overlooks a basic reality: older people use healthcare more. Treating unequal groups equally isn't fairness—it's simplification.

The policy will push many seniors to reconsider private cover. When they drop out, they don't stop needing care—they shift to the public system, increasing pressure on hospitals. What looks like a $3 billion saving could simply move costs elsewhere.

At a time of rising premiums and cost-of-living stress, the move also sends a troubling signal to retirees on fixed incomes. Funding aged care is essential, but doing so by increasing costs for older citizens risks undermining both trust and the balance of the healthcare system.

In trying to fix one imbalance, the government may have created another.


Worldwide Awards 2025 Kolkata
HARBOLA ARTIST
Dr. Swati Mukherjee
Live Musical Performances for All Occasions!
• Durga Puja • Cultural Events
• Private Shows • Festivals
Versatile Harbola Singing!
Soulful & Crowd-Pleasing Shows!
BOOK NOW FOR EVENTS & SHOWS
Call: +91 90887 94205 / 91638 22074
WhatsApp: +91 98000 18701
Make Your Event Unforgettable!
Scan to Watch

Why Vanuatu's "No Deal" with China Isn't the Full Story

Denial of China pact highlights growing geopolitical competition in Pacific region

Vanuatu's rejection of reports about an imminent China security deal isn't just a factual clarification—it's a calculated diplomatic move. By denying the claims while stressing that its partnerships are "not exclusive," the Pacific nation is signaling one thing clearly: it refuses to be pushed into choosing sides.

At the center of this tension is a growing rivalry between China and Australia for influence in the Pacific. While Australia seeks to limit Beijing's strategic footprint, Vanuatu is focused on maintaining flexibility to secure economic and development support from multiple partners.

Even if no deal exists today, ongoing engagement with China suggests the door is far from closed. For small island nations, this balancing act—working with competing powers without committing to either—is becoming the new normal.

In reality, Vanuatu's denial is less about rejecting China and more about asserting independence. In an increasingly contested Pacific, ambiguity has become a powerful tool of sovereignty.

Easy apps and instant wins are turning casual gambling into a risky financial habit

The surge in people wagering thousands of dollars isn't really about skill—it's about psychology. Easy-to-use betting apps create the illusion that quick money is within reach, turning what was once casual entertainment into a high-risk financial habit.

Digital platforms amplify this by making betting fast, frictionless, and addictive. Occasional wins fuel confidence, while losses push users to bet even more in an attempt to recover. Add social pressure and viral "big win" stories, and the fear of missing out keeps the cycle going.

What's most concerning is how normalized it has become. Betting is now woven into sports, apps, and everyday conversations, blurring the line between fun and financial danger.

Singapore Red Cross Expands Donor Incentive Campaign

Singapore Red Cross has extended its duffle bag giveaway campaign until 31 May 2026 after strong public response.

Donors at participating blood banks can receive a limited-edition bag by following simple steps during registration and completing a blood donation.

The initiative aims to attract more donors, especially younger people, as demand for blood is expected to rise in the coming year.

FAIRS | SHOWS | EXPOS | MORE

05 - 08 May 2026
China International Bicycle Fair (CHINA CYCLE)
Shanghai
The China International Bicycle Fair brings together industry professionals, manufacturers, and enthusiasts to explore the latest innovations and trends in the cycling sector. Exhibitors showcase a wide range of bicycles, accessories, and technologies, offering valuable networking opportunities and insights into the future of cycling.

12 - 14 May 2026
China Beauty Expo (CBE)
Shanghai
China Beauty Expo is Asia's leading beauty event, offering a comprehensive sourcing platform for retailers, distributors, and industry professionals. It showcases a wide range of beauty products, innovations, and manufacturing solutions while enabling networking and business opportunities.

21 - 23 May 2026
Guangzhou International Travel Fair (GITF)
33rd edition
Guangzhou
The Guangzhou International Travel Fair is a leading tourism exhibition in China, showcasing outbound and MICE tourism, cultural travel, local agencies, and themed experiences. It brings together industry players to promote destinations, scenic attractions, and inbound tourism while fostering networking and business opportunities.

14 - 16 May 2026
Beijing International Robot Exhibition (CRS EXPO)
15th edition
Beijing
The Beijing International Robot Exhibition showcases the latest advancements in robotics, automation, and intelligent technologies. It brings together industry leaders and innovators to explore cutting-edge solutions, foster collaboration, and discuss the future of robotics.

LIST YOUR EVENT HERE

14 - 16 May 2026
Australian Auto Aftermarket Expo (AAA EXPO)
9th edition
Melbourne
The Australian Auto Aftermarket Expo is the nation's largest showcase for the automotive service and repair sector, featuring the latest products, tools, and technologies. It brings together industry professionals to explore innovations, build connections, and discover new business opportunities.

16 - 18 Jun 2026
China Clothing Textiles Accessories Expo
Sydney
The China Clothing Textiles & Accessories Expo is a premier platform for owners, buyers, and agents in the apparel, textiles, footwear, and accessories sectors. It showcases a wide range of products and connects global suppliers with industry professionals for sourcing and business opportunities.

16 - 18 Jun 2026
China Clothing Textiles Accessories Expo
Sydney
The Workplace Health & Safety Show is Australia's premier event focused on workplace safety, bringing together industry experts and solution providers. It showcases the latest safety products, services, and strategies while offering networking and learning opportunities for professionals.

30 - 31 May 2026
Franchising Expo Sydney
30th edition
Sydney
The Franchising Expo Sydney is a premier event for aspiring entrepreneurs looking to start or invest in their own business. It connects visitors with leading franchise brands, offering insights, networking opportunities, and guidance on business ownership.

03 - 07 Jun 2026
Queensland Caravan & Camping Supershow
Brisbane
It showcases latest caravans, motorhomes, tents, camping equipment. Brings together outdoor enthusiasts & industry experts to explore new products and trends.

12 - 13 May 2026
Future Food Asia (FFA)
Singapore
Future Food Asia is a leading platform driving innovation in the Asia-Pacific food ecosystem. It brings together startups, investors, and industry leaders to shape sustainable solutions for the future of food.

LIST YOUR EVENT HERE

10 - 14 May 2026
The Duty Free & Travel Retail Asia Pacific Summit
Singapore
The Duty Free & Travel Retail Asia Pacific Summit brings together key players from the travel retail and duty-free industry. It offers a platform for networking, insights, and discussions on trends shaping the sector.

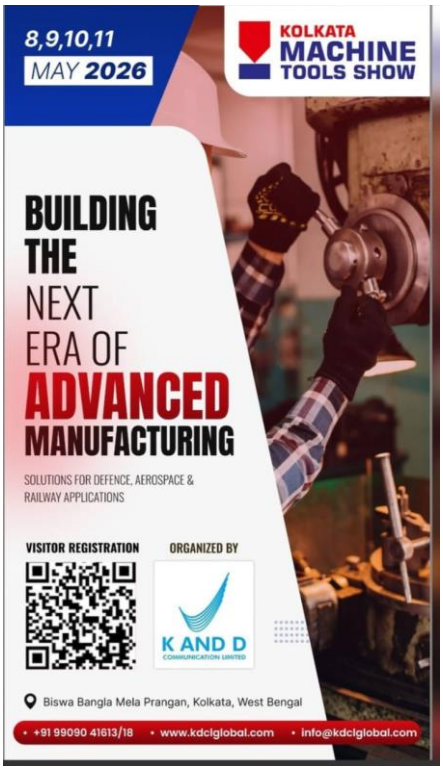
03 - 04 Jun 2026
Sustainability in Packaging Asia
Singapore
Sustainability in Packaging Asia brings together industry experts and innovators to address eco-friendly packaging solutions. It focuses on trends, challenges, and strategies for building a more sustainable packaging future.

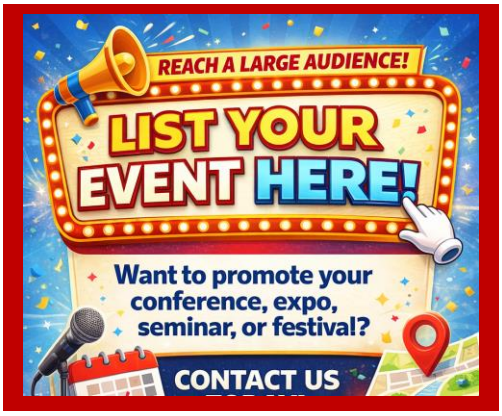
13 - 15 May 2026
Auto EV Show
Pune
The Auto EV Show is a leading B2B event showcasing the latest in electric vehicle technology and innovation. It connects industry players to explore future mobility solutions and business opportunities.

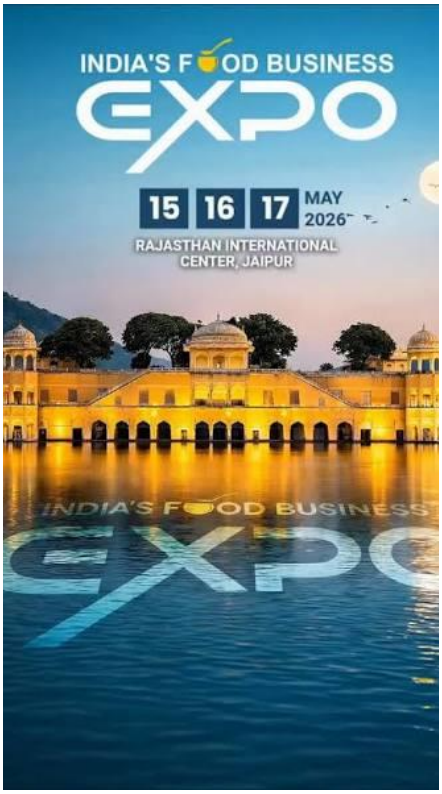
07 - 09 May 2026
LED Expo Mumbai
Mumbai
The LED Expo Mumbai is a leading tradeshow showcasing the latest innovations and advancements in the LED and lighting industry. It connects manufacturers, suppliers, and professionals to explore new technologies and business opportunities.

08 - 11 May 2026
Kolkata Machine Tools Show
10th edition
Kolkata
The Kolkata Machine Tools Show highlights advancements in manufacturing, machinery, and industrial technologies in Eastern India. It brings together industry players to explore innovations, strengthen networks, and drive the region's growth as a manufacturing hub.

FAIRS | SHOWS | EXPOS | MORE







LONDON
INTA ANNUAL MEETING
London, England | May 2-6 2026
Where Global Connections Take Shape.
Network with 10,000+ industry leaders at the INTA's 2026 Annual Meeting and build the relationships that matter.
London awaits.

Get Ready for Thailand's Largest Collectible Card Event
THAILAND INTERNATIONAL CARD EXPO 2026
5th FLOOR BCC HALL CENTRAL LADPRAO
29-31 MAY 2026

Inside Rahul B Seth's Afro-Fusion Sound That Redefined Indian Music

Rahul B Seth's journey from Lucknow to Zambia to London to Bollywood shaped a truly global musical identity. Blending Afro rhythms with Indian melodies, he created a signature sound that stands out in Bollywood and beyond.

The secret to Rahul B Seth's unique musical signature lies in a journey that spans three continents. While his roots are firmly planted in the literary soil of Lucknow—descending from a lineage of poets and trailblazers—his creative awakening happened thousands of miles away in Lusaka, Zambia.

Migrating to Africa at a very young age, Seth spent his formative years immersed in a completely different sonic landscape. By jamming with local musicians and mastering the African drums, he developed a "global ear" long before "World Music" became a trendy genre. This led him to specialize in Afro Rap, a unique vocal style he later fused with Indian melodies to create a signature "Afro-fusion" sound that caught the attention of Bollywood legends.

This journey eventually came full circle in London, where his global perspective earned him the prestigious 'Bharat Gaurav Samman' Award at the House of Lords, UK Parliament. Standing in the heart of the UK, Seth performed his Global Anthem for World Peace—a song that has now been played in over 30 countries—at the Indian High Commission's Nehru Centre.

Rahul B Seth is a powerhouse of creative talent with a portfolio spanning many ad campaigns for leading brands and a massive list of Bollywood credits. His work as a vocalist, lyricist, and composer features in hits like Baaghi, Yamla Pagla Deewana 1 & 2, Heroes, Vaada Raha, Hum Aapke Dil Mein Rehte Hain, & many more. Whether he is voicing for Hollywood icons like Will Smith or creating chart-topping festive tracks like the Hindi-Gujarati fusion "Chaalo Re Chaalo" & Holi song "Rangbaazi" both with Hamsika Iyer, Seth continues to redefine the boundaries of Indian music. His journey from Lucknow to the airwaves of the UK and USA remains a testament to the power of a truly international creative vision.

The greatest compliment in the world of voice acting today is being unrecognizable. Rahul B Seth achieved it by becoming the Hindi voice for Hollywood superstar Will Smith in the blockbuster I Am Legend. It was not merely a translation of words. In fact, it was a deep-dive into vocal architecture.

He faced a similar challenge in Hollywood Director Christopher Nolan's Oscar winning cult classic "Batman- The Dark Knight" wherein he dubbed for actor Aaron Eckhart who played the iconic character of 'Harvey 2 Face' who starts off as a positive character and goes on to become a mean negative ruthless avenger, with a complete change of voice & body language.

A Similar case was director Shankar's film Jeans, starring Aishwarya Rai & Prashant. In it, he had to dub for two different versions of actor Prashant playing twins. He gave each twin a distinct tonality and expression as well. All such roles highlight a fundamental truth of the industry and it is that a voice actor is not just a narrator, but is a performer who must act through a microphone to get into the skin of a foreign performance & make it feel local. Other notable Hollywood actors Rahul has dubbed for are Colin Farrell, Don Cheadle, Tobias Menzies, Michael Shannon & more.

Before transitioning into mainstream cinema, Rahul B Seth established himself as a dominant force in the high-stakes world of Indian advertising. His ability to distil a brand's essence into a catchy, memorable hook made him the go-to creator for leading global agencies and blue-chip brands.

He created a special promotional song for Shahrukh Khan's film "Fan" titled 'King Khan' and sang it in such a way that it sounded as if SRK was singing it, a fact acknowledged by SRK himself.

He has even created songs & anthems for Mega cricketing events like IPL & T20, and has even featured in a docu-film on Bollywood, produced by ARD TV Germany.

Rahul's recent foray into writing and film direction has also reaped him rewards and showcased his cinematic story telling abilities to the world.

He has written the story, screenplay, dialogues and has directed 2 notable short films titled "Dishaa" starring popular Bollywood actor Kiran Kumar, and "U Turn" starring Sanjay Keni and Aryan Harnot, commissioned by the prestigious Indian Academy of Paediatrics (IAP). Both the films deal with the sensitive and pressing issue of drug abuse among teenagers, and child obesity respectively. Both the shorts have been made in an impactful commercial film narrative format.

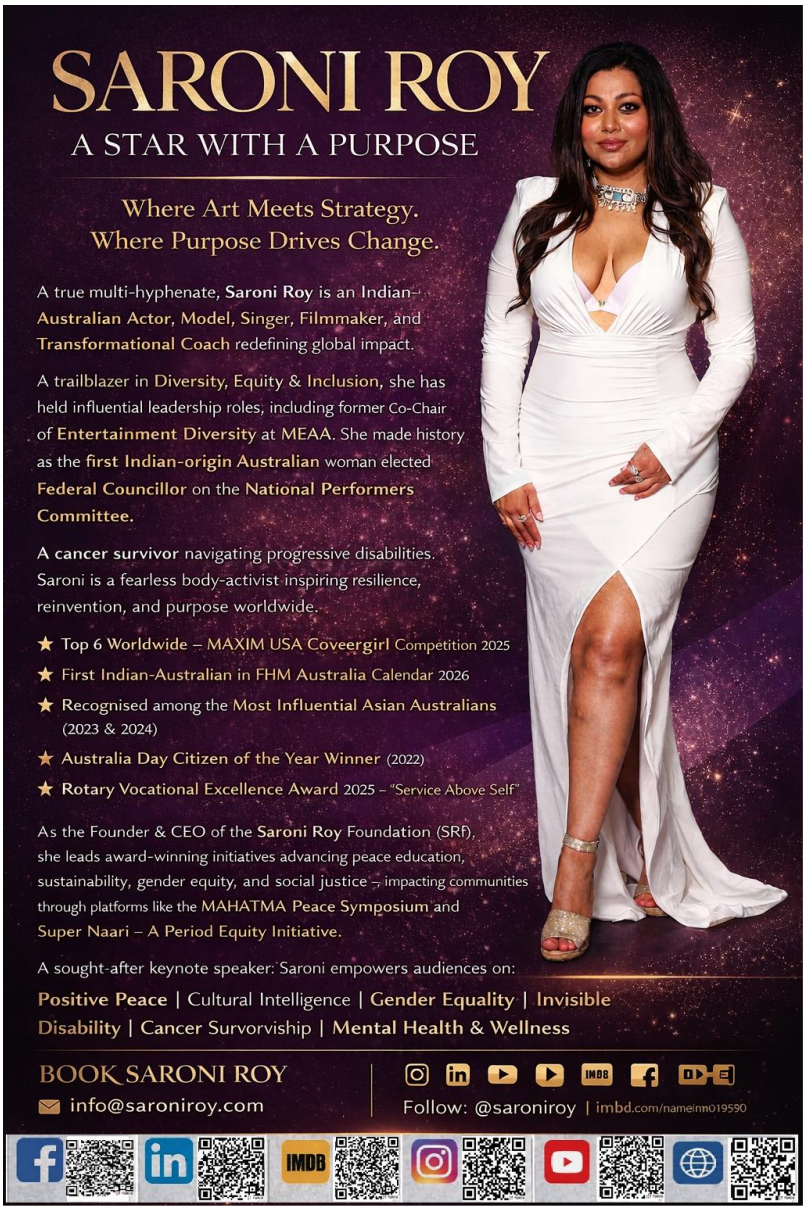
The film 'Dishaa,' has already won 2 awards – The Best debut Director Award at Lake City International Film Festival, and the 'Best Hindi film' award at Amader International short film festival in Kolkata. Both the festivals comprised a jury of global film makers upholding world cinema.

He has also scripted various other short films being screened across various digital platforms.

In short, a multi-talented visionary like Rahul B Seth leaves no stone unturned when it comes to expressing and channeling the creative energies within and sharing them with the world, at the same time maintaining a low profile, focused purely on his craft, and letting his works speak for themselves.

Scan | Watch U-Turn

Scan | Watch Dishaa


SARONI ROY
A STAR WITH A PURPOSE
Where Art Meets Strategy.
Where Purpose Drives Change.
A true multi-hyphenate, Saroni Roy is an Indian–Australian Actor, Model, Singer, Filmmaker, and Transformational Coach redefining global impact.
A trailblazer in Diversity, Equity & Inclusion, she has held influential leadership roles, including former Co-Chair of Entertainment Diversity at MEAA. She made history as the first Indian-origin Australian woman elected Federal Councillor on the National Performers Committee.
A cancer survivor navigating progressive disabilities. Saroni is a fearless body-activist inspiring resilience, reinvention, and purpose worldwide.
★ Top 6 Worldwide – MAXIM USA Coveergirl Competition 2025
★ First Indian-Australian in FHM Australia Calendar 2026
★ Recognised among the Most Influential Asian Australians (2023 & 2024)
★ Australia Day Citizen of the Year Winner (2022)
★ Rotary Vocational Excellence Award 2025 – "Service Above Self"
As the Founder & CEO of the Saroni Roy Foundation (SRF), she leads award-winning initiatives advancing peace education, sustainability, gender equity, and social justice – impacting communities through platforms like the MAHATMA Peace Symposium and Super Naari – A Period Equity Initiative.
A sought-after keynote speaker: Saroni empowers audiences on:
Positive Peace | Cultural Intelligence | Gender Equality | Invisible Disability | Cancer Survorvishp | Mental Health & Wellness
BOOK SARONI ROY
info@saroniroy.com
Follow: @saroniroy | imbd.com/name/nm019590
IMDB

From Coachella to the World

Why BINI Is Just Getting Started

After their breakout at the Coachella Valley Music and Arts Festival, BINI moved fast—announcing the Signals World Tour while global attention was still peaking. That timing says everything: this isn't hype, it's strategy.

For years, Southeast Asia was seen as a passive music market. BINI flips that narrative. Their rise shows that global audiences are ready for artists who don't dilute their identity to fit Western molds. Instead of chasing trends, they're exporting their own sound.

The real test now is scale. Viral moments fade—but touring proves staying power. If BINI can translate Coachella buzz into sold-out shows worldwide, they won't just ride the wave—they'll redefine where global pop comes from.

Can Volcanoes Fight Warming?

Surprising Lesson from Andes

Volcanoes are usually seen as agents of destruction—but ancient eruptions in the Andes suggest they may also have helped cool the planet. By spreading nutrient-rich ash into the oceans millions of years ago, these eruptions likely boosted microscopic marine life, which in turn absorbed more carbon dioxide and locked it away in the deep sea.

It's a striking reminder that Earth's climate isn't driven by the atmosphere alone. Oceans and life itself play a powerful role through processes like the "biological pump," quietly regulating carbon over long timescales.

But this isn't a climate fix we can rely on today. These changes unfolded over thousands to millions of years—far slower than today's human-driven warming. The lesson isn't that nature will save us, but that the climate system is deeply interconnected and far more complex than we often assume.

Indonesia's Education Reform Raises Bigger Questions

Hidden Cost of Cutting "Useless" Degrees

Indonesia's plan to shut down university programs deemed "irrelevant to industry" may sound practical—but it risks reducing education to short-term job training. While aligning degrees with employment needs is important, markets change quickly. What seems "irrelevant" today could become essential tomorrow.

More importantly, universities are not just workforce factories. Fields like the humanities and social sciences build critical thinking, ethics, and cultural awareness—skills no economy can function without. If "relevance" is defined only by immediate job outcomes, education loses its broader purpose.

A better approach would be to update and integrate programs with industry needs, not eliminate them. Because in the long run, education should shape the future—not just react to the present.

Why Asha Bhosle Still Defines Indian Music Across Generations

In an era where music trends change overnight, the enduring relevance of Asha Bhosle raises an important question: what makes a voice truly timeless? Decades after she first captured the nation's imagination, Asha Bhosle's songs continue to resonate across age groups, platforms, and cultures. Unlike many artists whose popularity fades with time, her music seems to evolve with each generation, finding new listeners without losing its original charm.

What sets Asha Bhosle apart, in my view, is not just the sheer volume of her work, but her remarkable adaptability. She never allowed herself to be confined to a single genre or era—effortlessly moving from classical compositions to cabaret, from romantic duets to experimental tracks. This versatility has ensured that her voice is not frozen in nostalgia but remains relevant in contemporary conversations around music.

At a time when digital platforms are redefining how we consume music, revisiting Asha Bhosle is not merely an act of nostalgia—it is a reminder of the craftsmanship, emotion, and depth that define truly great artistry. Her legacy challenges today's industry to look beyond fleeting virality and focus instead on creating music that can stand the test of time.

It is perhaps this very timelessness that continues to inspire contemporary artists and filmmakers to revisit her work. Three recent tribute videos underscore this ongoing influence, each approaching her legacy from a different yet equally meaningful perspective.

The first tribute, presented by composer and singer Rahul B Seth, is a musical homage that leans into nostalgia while remaining accessible to modern audiences. Known for his versatility across Bollywood and international projects, Seth's interpretation reflects both admiration and an understanding of what makes Asha Bhosle's music enduringly powerful. His tribute does not attempt to replicate the original magic but instead reintroduces it, reminding listeners why these songs continue to matter.

The second tribute by filmmaker Sanjay Mishra adds a layer of cinematic memory to the musical homage. As the grandson of veteran director Sushil Majumdar, Mishra's connection to Asha Bhosle's legacy is both artistic and personal. Notably, her voice featured in Majumdar's Hindi film Lal Patthar, making this tribute a bridge between generations of Indian cinema. It is not just about revisiting songs, but about reconnecting with a shared cultural history.

Adding an international dimension to these homages is a third tribute by Saroni Roy — an India-born Australian actor, filmmaker, philanthropist, and advocate for wellness and cultural connection. Roy's tribute reflects how Asha Bhosle's influence extends far beyond national boundaries, resonating with the global Indian diaspora and creative communities worldwide. Her effort emphasizes not just nostalgia, but also the role of music in building cultural bridges across continents.

Together, these tributes highlight an important cultural truth: legends are not preserved by archives alone, but by reinterpretation. Each generation must find its own way of engaging with the past, and in doing so, it keeps that past alive.

In an effort to make these tributes more accessible, QR codes for the three videos have been included alongside this article, allowing readers to instantly experience these musical homages. This blending of print and digital mediums reflects the very evolution that Asha Bhosle's music has gracefully navigated over decades.

Scan & Watch Tribute By Rahul B Seth

Scan & Watch Tribute By Sanjay Mishra

Scan & Watch Tribute By Saroni Roy

Rafizi Ramli's next move may deepen cracks in Malaysia's ruling coalition

Rafizi Ramli's decision to wait until June to determine whether he will form a new party is less about timing and more about political uncertainty within Malaysia's reform movement. His hesitation reflects deeper cracks inside the ruling coalition, particularly within People's Justice Party, where internal tensions have increasingly come to the surface.

The idea of launching a new party may sound bold, but Malaysia's history shows that "third force" politics rarely sustains long-term momentum. Without a clear identity and strong grassroots support, such efforts often fade quickly.

At its core, this moment highlights a bigger dilemma: reform from within or risk irrelevance outside. If Rafizi breaks away, he may revive reformist energy—but also fragment the political landscape further. If he stays, it suggests the system still limits how much dissent it can absorb.

Either way, June won't just shape Rafizi's future—it will signal whether Malaysia's reform politics is evolving or simply stalling.

QUIZ

By Sunil Sonkar

1. During the Industrial Revolution, which improvement would have helped most?
A. Faster horses
B. More efficient steam engines
C. Bigger factories only
D. More hand tools

2. What was a key global impact of the French Revolution?
A. Spread of democracy
B. End of technology
C. Start of space travel
D. Discovery of oil

3. If Earth stopped rotating for 5 seconds, what is most likely?
A. No change
B. Massive destruction due to inertia
C. Gravity disappears
D. Time stops

4. If humans could do Photosynthesis, what would happen?
A. Need no oxygen
B. Produce food from sunlight
C. Stop growing
D. Become invisible

5. Why do people float better in saltwater?
A. It is warmer
B. It is denser
C. It has less gravity
D. It moves slower

6. If gravity became half, what would change most?
A. People weigh more
B. Jump higher
C. Air disappears
D. Oceans dry up

A N S W E R S

1. (B) Steam engines powered industries; improving efficiency would boost production and reduce fuel use.

2. (A) It promoted ideas of equality and people's rights, influencing many nations.

3. (B) Objects would keep moving at high speed even if Earth stopped, causing destruction.

4. (B) Photosynthesis converts sunlight into energy (food), reducing dependence on eating.

5. (B) Higher density increases buoyant force, helping objects float more easily.

6. (B) Less gravity means less downward pull, so jumping becomes easier and higher.

International Schools in India: Opportunity or Inequality?

Why elite families are choosing global curricula over traditional boards

India's growing tilt toward international schools is about more than elite aspiration—it's a quiet rejection of rote learning. For decades, the system has prioritised memorisation over curiosity, leaving many students disengaged. International curricula like IB and Cambridge, with their focus on critical thinking and inquiry-based learning, offer an appealing alternative.

But this shift is not just educational—it's strategic. For affluent families, these schools double as gateways to global universities and careers. Education is increasingly seen as a passport, not just a process.

The troubling part is the divide it exposes. With fees running into lakhs, international schooling remains out of reach for most, deepening inequality between students trained to think and those trained to memorise.

In that sense, the rise of international schools is less a success story and more a warning. It signals a lack of confidence in mainstream education. Unless India reforms its classrooms to value understanding over repetition, this quiet exodus will only grow.

Repeated Blackouts Put Jakarta's Growth Story at Risk

Repeated power outages in Jakarta are more than technical glitches—they expose a fragile urban backbone. The latest blackout, affecting multiple substations, disrupted transport, exams, and daily life, shaking public confidence in a city that aims to be globally competitive.

Quick restoration by Perusahaan Listrik Negara offers only temporary relief. For residents, even a few hours without power means lost income, stress, and safety concerns. When such disruptions repeat, they point to systemic weakness, not isolated failure.

The real issue is clear: infrastructure has not kept pace with Jakarta's rapid growth and rising energy demand. Without stronger grid resilience, better planning, and transparent accountability, outages will remain a recurring risk.

For a modern megacity, reliable electricity is not optional—it is the foundation. Jakarta's challenge now is simple: fix the system before blackouts become the norm.

scan to follow
Don't Just Hear the News. Witness It
From breaking headlines to deep-dive threads—stay ahead the curve with Paul Linus.
BREAKING NEWS.
GLOBAL PERSPECTIVES.
Follow @Paul Linus on X
for instant global updates

Full Throttle Therapy: Rewiring for Wellness on NSW's Wild Coast

By Saroni Roy

Actor, Filmmaker, Philanthropist & Advocate for Wellness & Cultural Connection

In a world that constantly demands structure, schedules, and certainty, sometimes the most powerful reset comes from letting go. No itinerary. No expectations. Just the courage to embrace the unknown—and in my case, to hit the throttle.

Recently, I ventured beyond the familiar rhythm of Sydney to experience the thrill of quad biking along the spectacular coastline of Port Stephens, NSW—home to the iconic Stockton Beach and its vast, cinematic sand dunes. What began as a spontaneous escape quickly transformed into a powerful journey of adrenaline, mindfulness, and self-reconnection.

The Quad Bike King - Stockton Beach quad biking experience is unlike anything else on Australia's east coast. This 1 hour 45 minute guided safari takes riders across more than 20 kilometres of open beachfront, towering dune ridges, and expansive sandy flats that feel almost otherworldly. With no fixed tracks or fences, every ride is unique—an ever-changing landscape shaped by wind, tide, and time.

Mounted on powerful Yamaha Grizzly 350cc quad bikes, I found myself navigating the largest moving coastal sand dune system in the Southern Hemisphere. Spanning over 4,200 hectares and stretching more than 30 kilometres along the NSW coastline, the dunes are both humbling and exhilarating—a natural playground that invites exploration and demands presence.

What truly sets this experience apart is its accessibility. Whether you're a first-time rider or a seasoned adventurer, the journey begins with a comprehensive safety briefing and hands-on training. Expert guides ride alongside you, intuitively matching your pace and confidence level, ensuring there's no pressure—only encouragement to enjoy the ride.

As the engine roared to life and the dunes rose beneath me, something shifted internally. The constant noise of everyday life faded, replaced by the rhythm of the terrain and the rush of the wind. Quad biking, I realised, is more than an adventure—it's a form of active meditation. Every turn requires focus. Every climb demands courage. You are fully present, fully alive.

We often associate wellness with stillness—yoga mats, quiet retreats, and mindful breathing. But this experience challenged that notion. Wellness can also be found in movement, in exhilaration, in stepping beyond comfort zones. Sometimes, rewiring for wellness means accelerating into the unknown rather than slowing down.

As someone who navigates multiple worlds—film, fashion, community leadership—this experience felt like a powerful metaphor. Life, much like those sand dunes, is unpredictable. The terrain shifts, the path isn't always clear, and sometimes you have to accelerate to find your balance. It's not about having a perfect plan; it's about having the courage to move forward, even when the ground beneath you is constantly changing.

This quad biking adventure wasn't just about adrenaline rush—it was about freedom. The freedom to explore, to disconnect from routine, and to rediscover joy in its simplest, being present, in the most unfiltered form.

So, if you ever find yourself feeling stuck, overwhelmed, or in need of a reset, consider stepping into something unexpected. Trade comfort for curiosity. Swap routine for adventure. Whether it's on four wheels across sandy dunes or through any experience that challenges your limits, you might just find that the path to wellness is a little more thrilling than you imagined.

Because sometimes, you don't need a plan—you just need the courage to go full throttle.

Scan & Follow Saroni Roy on FB & Insta

When Indoors Feels Hotter Than Outside

Rising heat and poor design are turning homes into urban heat traps

A recent Singapore study revealing that nearly half of public housing flats are hotter indoors than outside is more than surprising—it's alarming. Homes are supposed to provide relief from rising temperatures, not intensify them.

The issue isn't just climate change. Poor ventilation, heat-trapping materials, and dense urban design are turning apartments into heat boxes. What's worse, many residents have begun accepting this discomfort as normal—a mindset that risks slowing real solutions.

There's also a growing inequality. While some can rely on air-conditioning, others cannot afford the cost, creating a divide in basic living comfort. But overdependence on cooling systems only worsens urban heat in the long run.

For rapidly growing cities—especially in countries like India—the warning is clear: housing must evolve. Affordable homes that ignore airflow and thermal comfort will only create bigger health and energy crises.

A livable home isn't just about space or price anymore. It's about staying cool, safe, and sustainable in a warming world.

The Light Within

Why Living in the 'Now' Is the True Essence of Life

By Rahul B Seth

A prolific & popular Music composer, Singer, Lyricist, Voice actor, writer. Above all, a staunch spiritual meditator for over two decades who harnesses the energies of the Universe to enhance creativity & joy of living, and shares his self-experienced deep spiritual insights with all.

Hello friends. Warm greetings to you all.

Have you ever wondered why, at any given time, the current moment that you are in, is called 'present'?

Well, that's because it is indeed a 'present' or a gift bestowed upon us by the universe in relation to our perception of time and space.

Unlocking the Quiet Power of the Present Moment

It's a gift of life, because the present moment is the only place where life actually happens—everything else is either a memory or imagination.

When you are living or being present in complete awareness of the 'now' you are not just passing time… you are having a genuine, 1st hand experience of life in the moment.

Being here, being fully aware of the 'now' isn't about doing less - it's about feeling, experiencing & imbibing more, thus, enhancing the quality of life itself.

The power of being in the moment lies in its quiet clarity.

When you are fully here and now, the noise of yesterday's regrets and tomorrow's worries fades away.

You begin to notice the small details—the rhythm of your breath, the warmth of sunlight, the sincerity in a conversation.

In this presence, life stops feeling rushed and starts feeling real.

Decisions become simpler, emotions settle, and gratitude grows naturally.

And therefore, in that awareness, every priceless moment comes alive and becomes meaningful.

May all be blessed with true Inner Happiness & Awareness!!

Scan & Follow
Rahul B Seth
on
FB & Instagram

FOLLOW
Asia Pacific News
Feb 2026 Brochure | Pages 8
On Facebook

IS AVAILABLE ON

- Issuu.com
- Lulu.com
- Archive.org
- Twitter (Contact Sunil)
- Twitter (Paul Linus)
- Amazon
- Facebook (Asia Pacific News)
- Facebook (Paul Linus)
- YouTube Community Post (Dot TV)
- YouTube Community Post (Females Today)
- Quora
- Medium
- Pinterest

& More Online Platforms

TAMLUK RAJBARI, INDIA

History associated with the site dates back to 2,500 years

Scan & Watch
Tamluk Rajbari
History

Why Choose
Tripartite Broadcasting
For Your Event

PAGE 12

SUPPORT US | BUY SPACE

COUNTRY	QUARTER PAGE	FULL PAGE	EVENT LISTING
Australia	AUD 74	AUD 148	AUD 29
China	CNY 360	CNY 720	AUD 144
Fiji	FJD 116	FJD 232	FJD 46
India	INR 5,000	INR 10,000	INR 2,000
Indonesia	IDR 9,14,823	IDR 18,29,436	IDR 3,65,973
Japan	JPY 8,451	JPY 16,899	JPY 3,379
Maldives	MVR 813	MVR 1,627	MVR 325
New Zealand	NZD 90	NZD 180	NZD 36
Philippines	PHP 3,253	PHP 6,506	PHP 1,301
Singapore	SGD 67	SGD 135	SGD 27
Taiwan	TWD 1,667	TWD 3,334	TWD 666

Payment Option:
PayPal.me/ContactSunil

Upcoming Podcasts on Dot TV & Asia Pacific News

Scan to Watch Filmmaker Sanjay Mishra's Podcast as a Tribute to Asha Bhosle on Dot TV

Interested in Appearing as a Guest? Contact Us

Dot TV

Asia Pacific News

New Zealand Faces Maternity Care Shortage Amid Rising Demand

New Zealand's maternity care system has reached a "critical juncture," with Health New Zealand warning of growing gaps in services, staff shortages, and unequal access across the country. Rising demand and increasing complexity in pregnancies are putting pressure on already stretched resources, making it harder for many women to receive timely and consistent care.

A key concern is the shortage of midwives and lead maternity carers (LMCs), particularly in rural and underserved regions. Workforce burnout, retention challenges, and heavy workloads are further impacting the quality and availability of care. As a result, some expectant mothers are struggling to find providers or facing delays in accessing essential maternity services.

Health authorities say urgent reforms are needed to address these challenges and ensure safe, equitable care for mothers and newborns. Strengthening the workforce, improving access, and modernising service delivery are seen as critical steps to stabilise New Zealand's maternity care system and meet future demand.

Disclaimer:

Asia Pacific News is intended primarily for digital consumption and is made available across various online platforms, including Lulu.com, Archive.org, Issuu.com, Amazon, Medium, Quora, Twitter, Facebook, YouTube and Pinterest. Readers are encouraged to access the publication through these platforms, with QR codes for direct links provided within this issue for convenience.

A limited number of physical copies may be printed in brochure format solely for private circulation and complimentary distribution among well-wishers, with the sole purpose of informing them about our work on YouTube, Facebook and Twitter. These printed copies are not for commercial sale or mass distribution.

ISBN: 9 781105 317033

Why Choose
Tripartite Broadcasting
for your event

Our Coverage:

1. Dot TV on YouTube – 4,000 subscribers
2. Asia Pacific News on Facebook – 1,600 followers
3. Paul Linus on Facebook – 1,900 followers
4. Paul Linus on Twitter – 1,200 followers
5. Contact Sunil on Twitter – 900 followers
6. Quora – 46,000 followers
7. Dot TV International monthly e-magazine uploaded on dozen-plus online platforms including Amazon and Issuu
8. Asia Pacific News monthly e-magazine uploaded on dozen-plus online platforms including Amazon and Issuu
9. Dot TV International portal
10. Asia Pacific News portal

*Bullets 7 & 8 not applicable for India-only centric events.

SCAN TO EXPLORE
BEYOND THE HEADLINES.
GLOBAL CLARITY.
Navigate the global noise with deep analysis and breaking alerts from Sunil Sonkar.
GLOBAL STRATEGIES.
DEEP DIVE THREADS.
Connect on X @SunilSonkar
for real-time perspectives and in-depth threads.